



Safety. Support. Hope.

# HOPE

Journey of

Spring/Summer 2003 - [www.ftp.on.ca](http://www.ftp.on.ca)

## Men speak out against violence

*"Dufferin Men Speaking Out & Speaking Up Against Family Violence"* is a new initiative to help raise community awareness about family violence, woman abuse and Family Transition Place.

### One man's story...

*"How could I keep from speaking out? I do it out of love for my wife and daughters."*

"Respectful, credible men in our community have told us they want to be distinguished as different and separate from the men who abuse.

"Some have said they felt excluded from the change process and want to be involved in a concrete way to help stop family violence in our community. We appreciate

their support," said Executive Director Doreen Armstrong.

Twenty two Dufferin men from a cross section of interests are inviting other men to "speak out and speak up" about ending family violence and finding ways to support Family Transition Place. You'll find their photographs and names inside.



*Thanks to staff volunteers who raised money for FTP by selling Raptors Foundation raffle tickets at Toronto Raptors Games.*

## What does support mean to you?

**To an abused woman who can't find a job or an affordable place to live,** support means living at one of FTP's "Second Stage Houses" and getting practical "transitional support".



*The 2003-2004 Teen Relationship: Abuse Prevention Program got a much-needed boost thanks to Effem Inc. Leslie Brams-Baker (right) presents a cheque for \$2000 to FTP's Gennette Parn and Board member Katie Altoft (left) with TR:AP co-op students looking on.*

**To a student coping with bullying or sexual harassment at school,** support means learning strategies during one of our violence prevention presentations.

**To a man or a woman who has been sexually assaulted or abused,** support means one-on-one counselling to deal with the trauma.

**To Family Transition Place,** support means on-going financial donations from individuals, community groups, corporations, foundations and service clubs.

We need to fundraise \$261,000 this year to continue our current level of services. Last year we turned away 312 women and children because of insufficient funding. We don't want it to happen again this year.

## Community Kudos!

**Robert F. Hall Secondary School** - Staff and students take part in the *Walk Against Male Violence*, collecting pledges and money for FTP.

**Scott Jordan** - This ODSS teacher helps students examine the impact of gender stereotypes and look at their own biases by incorporating the topic into classroom curriculum.

**Cedar Highlands Ski & Snowboard Club, and the Greater Dufferin Area and Caledon Chambers of Commerce** sponsored a Family Ski Day and donated all the proceeds to Family Transition Place.

**Matt Castel** - His Gr. 10 Civics Course project and presentation on FTP concluded: "Practising citizenship means doing what you can to improve your community and make it a better place to live for you and others. To truly practise citizenship, you must get involved. Family Transition Place is citizenship at its best."

## 2 family transition place

### Transitional Support Program

#### One child's story...

*"Here in the shelter they listen to me and I don't have to keep what happened a secret. Here, I feel safe."*

## Looking for a gift idea?



Across Canada, growing numbers of gift givers are choosing to honour their family and friends with "celebration gifts" by making a charitable donation in lieu of a gift to celebrate someone's special occasion.

Cards are available for you to give to the recipient that read "In celebration of your (special day), a donation has been made to Family Transition Place in your name."

Celebration gifts can be given for birthdays, anniversaries, retirements, Mother's Day, Father's Day, graduations and other special events.

Call Shelley at 942-4122 ext. 240.

## Key to support is "practical"

For an abused woman to move forward with her life, she often needs support with basic, practical issues that many of us take for granted.

Finding affordable housing, landing a job, acquiring new skills, learning to budget, accessing community services, and developing a healthy network of social support while she's rebuilding her confidence and self esteem can be overwhelming.

### More than 150 women helped

During the past three years, more than 150 women took part in this support program, overcoming some significant hurdles to independence.

Some women have lived in isolation because of the abuse. Others have never had their own bank account. Many haven't been able to work.

On average, women in this program meet with the Transitional Support Counsellor three or four times. Others may need more on-going support.

### Housing is biggest barrier

In Dufferin & Caledon, the shortage of affordable housing is the biggest practical stumbling block for women rebuilding their lives.

FTP offers interim housing at three Second Stage houses for women and their children who are working towards independence.

As she becomes stronger, she has less need for support through community resources, good news for an underserved area like Dufferin/Caledon.

#### One counsellor's story...

*"How can an abused woman move forward in her life if the practical things like a place to live, a job and food for her children are not in place?"*

# We want Dufferin men to speak out and We are



Business & Labour: Bert Gauthier, Doug Wilcox, Brian Horner



Firefighters: Capt. Andy McIntosh, Randy Mugford  
Police: Sgt. Dave Quinton, Insp. Wayne Davis



Manufacturing: Dick Fearon, Tony Dutra, Ted Wozniak



Education: Mike Bonikowsky, Scott Jordan



Music:  
Ryan Grist,  
Jack Litster



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**May is Sexual Abuse Prevention Month**

**It's not just a woman's issue**

If you ask most people "what is sexual abuse?", they'll probably tell you it's what happens when a stranger uses physical violence to force someone to have sex.

But you know what? Sexual abuse is not limited to rape. While sexual *assault* is an unwanted act of a sexual nature (ie. kissing, touching, intercourse) forced on someone without that person's consent, sexual *abuse* is much more.

**Sexual abuse includes:**

- taunting, harassing or manipulating someone into having sex
- repeatedly saying things of a sexual nature that are likely to offend or humiliate someone
- making unwanted reference to a person's sex, sexuality or body part
- getting someone drunk in order to have sex

Sexual abuse can happen between strangers, friends, dates; even within a marriage.

And it's not *just* a woman's issue. It's a community issue that affects families and is raised each May during Sexual Abuse Prevention Month.

"Statistics show that one in three girls and one in six boys are sexually abused before they turn 18." said Gennette Parn, Violence Prevention Coordinator at FTP.

Female and male sexual abuse survivors can find support by calling FTP's 24 hour crisis/information line (519) 941-HELP (4357) or 1-800-265-9178. Even if the sexual assault or abuse took place years ago as a child, support is available.

**Prevention tips available**

Find out more about sexual assault/abuse prevention (for yourself, your children or your teen) by calling FTP.

Helpful websites include:

- [www.canadian-health-network.ca/html/newnotable/may1a\\_2002e.html](http://www.canadian-health-network.ca/html/newnotable/may1a_2002e.html)
- [www.hc-sc.gc.ca/english/feature/magazine/2001\\_05/abuse.htm](http://www.hc-sc.gc.ca/english/feature/magazine/2001_05/abuse.htm)

**One woman's story...**

*"This facility is a God send. Meeting other women who have been sexually abused validated my feelings and helped me get on with my life."*

**Cyber News**

How do you get your community news & information?

We are looking at how we can be most effective and cost conscious in the ways we communicate with our community.

We are considering offering a regular email publication in the future or putting the newsletter "on-line". How do you prefer to receive your communications: by email, a link to a website or a hard copy by mail?

Please email us at [sue@ftp.on.ca](mailto:sue@ftp.on.ca) using the Subject Line FTP EMAIL NEWS to share your thoughts on "cyber news".

**Join and speak up against family violence.**

**We are.**

We are working to end family violence. We are in our community who are saying "family violence!" We are here for women and children.



Bonikowsky, Scott Jordan



Service/Faith: Rev. Harvey Self, John Clarke, Rev. Brian Shea



Sports: Ironman Richard Pady, Boxer Bryon Mackie



Entrepreneur: Doc Gillies



Politics: Warden Gord Gallagher, Mayor Drew Brown

**Support Family Transition Place.**  
To find out what you can do to make a difference, call 519-942-4122 ext. 240.

## Golf Charity Classic Raises \$11,000

Competition was fierce but in a winner-takes all putt-off, **Mike Kozanczyn** (Data Cable) took 1st spot and **Patti Ambrock** (Maritime-Ontario Freight) took 2nd place in the Putting Challenge during the 2nd Annual FTP Golf Charity Classic at Caledon Golf & Country Club. Special thanks to major sponsors: Carter & Associates Ltd., Charlie Butler (Associate Broker Royal LePage RCR Realty), Famous Players & Marlin Travel (Wal-Mart).



## Coming Events

**Family Movie Mornings**  
**Galaxy Cinemas, Orangeville**  
**10 a.m. on selected Sundays**  
**from December to March**  
 A family-friendly flick & snack!  
 Adults \$10 Kids \$5

**February 8, 2004**  
**3rd Annual Curling Funspiel**  
**Orangeville Curling Club**  
 Fee: \$25/curler & pledges.  
 No curling experience necessary.  
 Prizes, lunch, and fun!

**March 2004**  
**International Women's Day**  
 Look forward to a special evening in support of Family Transition Place!

**For more information on these and other upcoming fundraising events, contact Shelley Chidlow, Resource Development Coordinator, 519-942-4122 ext. 240, shelley@ftp.on.ca**

## Leave a "Legacy of Hope"

Holiday time is almost here and that means gifts for family, friends and your charity of choice. Nearly 40% of all charitable giving occurs at this time of year, especially right before the holidays.

We invite you to donate to Family Transition Place this year and also consider giving a "Legacy of Hope" - a financial gift directed to FTP in your will.

Legacy gifts, or bequests, and other donations can take many forms. Let us know if we can help you support FTP!

### Celebration Gift

Make a financial donation in lieu of a gift to honor someone or celebrate a special event such as

- Christmas
- birthday
- anniversary
- retirement

### Monthly Giving

A convenient way for donors to budget their annual giving - helps FTP budget our expenses too! Automatic bank account deductions or charged to your credit card.

### Hold Your Own Fundraiser

Whether it's dress down days, a hockey tourney or a dance-a-thon, special events develop team-building skills & help FTP too.

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## I SUPPORT FAMILY TRANSITION PLACE!

Mail Your Tax Deductible Donation Today! 20 Bredin Pkwy, Orangeville, ON L9W 4Z9 Reg. Charity # BN10737 6378 RR0001  
 In an effort to keep you "in the know" we'll forward to you future newsletters with information about our programs and initiatives unless you advise us not to do so. FTP does not sell or share our mailing list.

Name: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

My donation is enclosed for: \$25  \$50  \$100  \$500 other amount \$ \_\_\_\_\_

I authorize FTP to process a pre-authorized **monthly** donation in the amount of \$ \_\_\_\_\_ from my bank account **or** charged to my credit card.

Authorizing Signature: \_\_\_\_\_

**My donation is payable by** Cheque VISA Mastercard **or**  Electronic Debit from Bank Account.

Credit Card Number: \_\_\_\_\_ Expiry: \_\_\_\_\_ Signature: \_\_\_\_\_

**If donating monthly by Electronic Debit from your bank account, please attach a void cheque. Thanks!**